

Be Healthy. Be Kind Be Patient



Our Staff is doing a great job in keeping positive by being healthy, being kind and being patient. Your actions model good behaviors for the residents; your optimism sets the tone within our homes.

BE HEALTHY:

- Frequently model good hand-washing for 20 seconds!
- Disinfect counters, doorknobs, handles, bathrooms, etc. often.
- Take care of yourself by eating well, de-stressing, getting enough sleep.

BE KIND:

- Ask other staff how they are coping; let them know Pathfinder RTLs and administrators can offer help with bigger issues.
- Say “please” and “thank you” often as you go about your day.
- Approach tasks cooperatively -- **we are in this together.**

BE PATIENT:

- Count to 10/take a deep breath/think before you speak.
- Relax, take a break.
- Realize this is new to everyone; there’s no “owner’s manual” for COVID.
- Follow Pathfinder care protocols and quality standards, but be flexible and creative in your problem-solving.