

**Pathfinder Village, Inc.**  
**COVID 19 - Quarantine in Place and in Isolation Protocol**

<b>Step</b>	<b>Protocol for Individual Showing Symptoms of COVID 19 - updated 4-21-2020</b>
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**QUARANTINE IN PLACE**

1	Call Nursing for any individuals with any of the symptoms of COVID 19 - Symptoms include fever, cough, shortness of breath.
2	Nursing will call the Primary Care Physician of the individuals with symptoms of COVID - 19. RN will develop PONS for care
3	If the Primary Care Physicians orders an individual to be quarantined in place due to suspected and/or tested COVID 19, the individual will remain in their bedroom, no comingling with others, no sharing bathrooms or dining items. Paper products will be supplied to the house for use by the individual when food is served to that individual. Nurse will conduct daily assessment.
4	A bathroom will be designated for use by the individual who is quarantined in place. Thorough cleaning and disinfecting of the bathroom used by the individual will take place after each use by the individual who is being quarantined in place.
5	Primary Care Physician will order COVID - 19 testing on the individual and if available, all individuals in the home the individual resides in. If the individual tests positive for COVID - 19, the individual will be placed in a quarantine in isolation location immediately.
6	Nurse Case Manager has developed a symptomatic self-monitoring tool for staff working in the homes. Staff may continue to work at the home if not showing any symptoms of COVID - 19. Nurse Case Manager will review monitoring tool daily.
7	Nurse Case Manager will conduct daily face to face COVID 19 Symptomatic review of all residing in the home.
8	If at anytime an individual quarantined in place is experiencing medical distress, Emergency Medical Services will be notified.
9	In the event there are additional COVID-19 positive results with individuals in the house, all COVID - 19 positive individuals will be relocated to a temporary isolation location
10	Individuals not confirmed as having COVID - 19 who reside in the same home as a confirmed COVID - 19 will remain in their own home with daily symptom monitoring.

**QUARANTINE IN ISOLATION**

1	Individuals who were tested and have been confirmed to have COVID-19 will be quarantined in isolation to a designated location determined by Pathfinder Village administration.
2	Currently the first quarantine in isolation location is the Butler House - Apartment #2 (downstairs). If needed, additional sites will be determined by Pathfinder Village administration.
3	Personal Protective Equipment including Gowns, N95 Face Masks, Goggles/Protective glasses, Face Shields will all be available at the quarantine in isolation site for staff to use while on shift.
4	Quarantine in isolation locations will have a specialized team of staff dedicated to the particular quarantined site. Nurse Case Manager has developed a symptomatic self-monitoring tool for staff working in the homes. Staff may continue to work at the home if not showing any symptoms of COVID - 19. Nurse Case Manager will review monitoring tool daily.
5	At any time a quarantined individual is experiencing medical distress, Emergency Medical Services will be notified. At this time EMS response for COVID-19 individuals will be the AMR Unit or Cooperstown EMS's second unit. They have been designated as the 2 units within Otsego County as the COVID-19 equipt units.
6	Dispensing and/or reuse instructions of Personal Protective Equipment at the quarantined site will posted at the site.

7	<p>Upon Quarantine the Nurse Case Manager for each particular individual is responsible for the following:</p> <ul style="list-style-type: none"> <li>A. Nurse Case Manager will maintain their caseload during COVID 19 quarantine.</li> <li>B. Nurse Case Manager will develop a personalized Plan of Nursing Services (PONS) for staff to manage and document COVID 19 care monitoring of confirmed individuals.</li> <li>C. Nurse Case Manager will train all staff in COVID 19 PONS.</li> <li>D. Nurse Case Manager will review PONS documentation daily.</li> <li>E. Nurse Case Manager will develop daily face to face COVID 19 nursing assessment tool.</li> <li>F. Nurse Case Manager will conduct daily face to face COVID 19 nursing assessment of confirmed individuals.</li> <li>G. Nurse Case Manager will be available 24 hours a day for acute emergencies related to COVID 19.</li> <li>H. If COVID 19 symptoms worsen, the Nurse Case Manager will contact primary care physicians or emergency medical services. <ul style="list-style-type: none"> <li>I. Nurse Case Manager will update family member(s), care managers, service coordinators, and Otsego County Health daily.</li> <li>J. Director of Health Services will update Leadership Team and Medical Director daily.</li> </ul> </li> </ul>
8	<p>Release of Symptomatic Individuals at Quarantined sites: <b>A) Symptomatic individuals</b> who were confirmed as having COVID-19 may discontinue quarantine once they meet the following conditions: <b>1.</b> At least 3 days (72 hours) have passed since recovery, defined as resolution of fever without the use of fever reducing medications; and <b>2.</b> Improvement in respiratory symptoms (e.g. cough, shortness of breath); and <b>3.</b> At least 14 days have passed since symptoms first appeared. <b>B) Asymptomatic individuals</b> who were confirmed as having COVID-19 may discontinue quarantine under the following conditions: <b>1.</b> At least 14 days have passed since the date of their first positive COVID-19 diagnostic test; and <b>2.</b> The individual has had no subsequent illness.</p>
9	<p>Once released from quarantine, individuals may return to their homes with daily monitoring until RN, with consultation with medical director or PCP, is confident of virus resolve.</p>